

**Northeast Medical Institute
NA Blended Day Course
Connecticut**

Day 1		4.2 Hours
Section 1 - Orientation Overview		
Chapter 1	Welcome To The Course	
Chapter 2	Your Role	
Chapter 3	Issues of Aging	
Chapter 4	Communication	
Chapter 5	Legal and Ethical Responsibilities	
Chapter 6	The Healthcare Team	
Day 2		4.2 Hours
Chapter 7	Your Workplace	
Chapter 8	Introduction to Test Preparation	
Chapter 9	The Final Word	
Section 2 - Lily		
Chapter 1	Admissions	
Chapter 2	Vital Signs and the Physical Exam	
Chapter 3	Overview of Injuries, Surgery and the Musculoskeletal Disorders	
Chapter 4	Wound Care and Infection Control, Part 1	
Day 3		4.2 Hours
Chapter 5	Infection Control, Part 2	
Chapter 6	Positioning, Rehabilitative and Restorative Care	
Chapter 7	Bed Baths, Transfers and Discharges	
Chapter 8	Test Preparation	
Chapter 9	Review of Section 2	
Section 3 - Frank		
Chapter 1	The Care Plan and Documentation	
Chapter 2	Reporting and Recording Objective and Subjective Information	
Day 4		4.2 Hours
Chapter 3	Respiratory Support	
Chapter 4	Supporting Cardiovascular Care	
Chapter 5	Supporting Care for Cancer	
Chapter 6	Care for a Bedridden Resident	
Chapter 7	Hospice and Palliative Care	
Chapter 8	Emergency Care and End of Life	
Chapter 9	Test Preparation	
Chapter 10	Review of Section 3	
Section 4 - Helen		
Chapter 1	Working with Challenging Residents	
Day 5		4.2 Hours
Chapter 2	Living with HIV	
Chapter 3	Grooming	
Chapter 4	The Compromised Immune System	
Chapter 5	The Infection Cycle and Facility-Based Infection Prevention Control	
Chapter 6	Helen's Manic Episode	

Chapter 7	Restraints and Residents' Rights	
Chapter 8	Test Preparation	
Chapter 9	Review of Section 4	
Day 6		4.2 Hours
Section 5 - Martha		
Chapter 1	Introduction to Diabetes and Obesity	
Chapter 2	Digestive System and Blood Glucose Management	
Chapter 3	Mealtimes, Special Diets and Nutrition	
Chapter 4	Foot Care, Exercise and Range of Motion	
Chapter 5	Working with Residents with Hearing or Visual Impairments	
Chapter 6	Pressure Ulcers	
Chapter 7	Morning, Afternoon and Night	
Chapter 8	Revising the Care Plan	
Day 7		4.2 Hours
Chapter 9	Test Preparation	
Chapter 10	Review of Section 5	
Section 6 - Timothy		
Chapter 1	Assisted Living and Resident Sexuality	
Chapter 2	Introduction: Timothy's Stroke and Change in Condition	
Chapter 3	Working with a Depressed Resident	
Chapter 4	ADL: Toileting, Bathing and Catheter Care	
Chapter 5	ADL: Skin and Nail Care	
Chapter 6	Mealtimes	
Day 8		4.2 Hours
Chapter 7	Rehabilitative and Restorative Care	
Chapter 8	Test Preparation	
Chapter 9	Review of Section 6	
Section 7 - Stuart		
Chapter 1	Introduction to Dementia and Alzheimer's Disease	
Chapter 2	Care for Moderate Alzheimer's Disease - Part 1	
Chapter 3	Care for Moderate Alzheimer's Disease - Part 2	
Chapter 4	Care for Moderate Alzheimer's Disease - Part 3	
Chapter 5	Care for Severe Alzheimer's Disease - Part 1	
Chapter 6	Care for Severe Alzheimer's Disease - Part 2	
Day 9		4.2 Hours
Chapter 7	Additional Care Measures for the Bladder and Bowels	
Chapter 8	Death	
Chapter 9	Test Preparation	
Chapter 10	Review of Section 7	
Section 8 - Michelle		
Chapter 1	Introduction to Developmental Disabilities	
Chapter 2	The Urinary System	
Chapter 3	Dialysis	
Chapter 4	Suspected Abuse	
Chapter 5	Reporting Abuse	
Chapter 6	Test Preparation	
Chapter 7	Review of Section 8	
Day 10		4.7 Hours
Section 9 - Beth		

Chapter 1	Introduction to the Reproductive System	
Chapter 2	Pain, Shift Change, Wound Care and Infection Control	
Section 10 - Test Preparation		
Chapter 1	Welcome to Section 10	
Chapter 2	Practice Test 10 A	
Chapter 3	Preparing for Clinicals	
Total Hours for Theory Portion of the Course		42.2 Hours
Day 11	Lab/Skills (includes BLS/CPR/First Aid)	8.5 Hours
Day 12	Lab/Skills	8.5 Hours
Day 13	Lab/Skills	8.5 Hours
Day 14	Lab/Skills	8.5 Hours
Total Lab/Skills Hours (instructor led)		34 Hours
Day 15	Clinicals	8.5 Hours
Day 16	Clinicals	8.5 Hours
Day 17	Clinicals	8.5 Hours
Total Clinical Hours		25.5 Hours
Total Course Hours		102 Hours