



Certified Nurses Aide (CNA) **Syllabus**

Program Information

- Hours: 102 Hours
- Course Length Access: Daytime Course -2.5 Weeks
Evening Course- 4 Weeks 2 days

Clinical site Information:

3 Hour Orientation (Included in clinical time):

Includes: Fire, HIPAA, Abuse and reporting, plus a brief tour of the building related to safety

Program Description

This course will consist of 102 hours split between a classroom (42 hours) Lab (27 hours) and clinical (33 hours) setting. Each student will learn basic theoretical component, which is defined by the State Of Connecticut and Federal regulations. Students will be trained on 25 core competency skills, which will prepare students for the Final Exam with ProMetric.

The training includes, but not limited to;

- Initial Training,
- Basic Nursing Skills
- Personal Care Skills
- Mental Health and Social Services
- Care of Cognitive Impaired residents
- Basic Restorative Services
- Residents Rights.

Enrollment Requirements for the Program

1. Proof applicant is at least 16 years or older.
2. Current negative PPD or negative x-ray. This must be completed before entering into the clinical facility.
3. Background check (This is to look at any previous jobs within a healthcare facility).
4. The payment of the registration fee and arrangements to pay tuition.
5. Signed enrollment agreement.
6. All applicants must be able to speak, read, and understand English.
7. If you clinical is held between October and April you may be required to show proof of influenza immunizations.

Graduation Requirements

Students who successfully complete any of Northeast Medical Institute Programs will be awarded a Certificate of Achievement in the program of study.

Upon completion of the course the student may sit and take the CT State Exam that is provided by Prometric. Successful completion of Northeast Medical Institute courses does not guarantee a passing grade on the State Prometric Exam.

Successful Completion Requires:

1. Students must demonstrate 100% accuracy on all skills taught in lab/ clinical setting in order to receive "Pass" for this portion of the Program.
2. Students must maintain 100% attendance rate in class/clinical. (If student misses a class they will have to wait until that class day is offered again and it is not guaranteed it will be available in the next class)
3. All Students must complete 100% of the clinical hours
4. All Students must get at least an 80% or above on all quizzes and exams when given
5. All Financial obligations to school must be satisfied before sitting for CNA State exam or accreditation testing or before receiving a completion of Achievement Certificate.

Textbook

Hartman's Nursing Assistant Care:
Long-Term Care and Home Care, Third Edition

by Susan Alvare, Jetta Fuzy, RN, MS, and Suzanne Rymer, MSTE, RN, C, LSW
Textbook Paperback
ISBN: 978-1-60425-070-1

Workbook: Hartman's Nursing Assistant Care "Long-Term Care and Home Care" - by Hartman Publishing- Third Edition

Module #	Classroom Credit Hours	Clinical /Lab Credit Hours
Module 1 Initial Classroom Training	16 Credit Hours	0 Credit Hours
Module 2 Basic Nursing Skills	6 Credit Hours	17 Credit Hours
Module 3 Personal Care Skills	6 Credit Hours	21 Credit Hours
Module 4 Mental Health & Social Service	4 Credit Hours	4 Credit Hours
Module 5 Care of Cognitively Impaired	6 Credit Hours	9 Credit Hours
Module 6 Basic Restorative Services	2 Credit Hours	7 Credit Hours
Module 7 Residents Rights	2 Credit Hours	2 Credit Hours
	Total Hours: 42	Credit Hours 60

Quiz & Exams Grading:

Module 1 : 10 Point Exam
Module 2: 10 Point Exam
Module 3: 10 Point Exam
Module 4: 10 Point Exam
Module 5 : 10 Point Exam
Module 6 : 10 Point Exam (Take home test)
Module 7 : 10 Point Extra Credit
Final Exam: 40 Point Exam
Total Points: 100 Points

Grading Schedule:

Quizzes: 60%
Exam : 40%

Total: 100 %

Course Objectives

- Communication and Interpersonal Skills
- Infection Control
- Safety/ Emergency procedures- including, but not limited to the Heimlich maneuver
- Promoting Residents' independence
- Respecting residents' rights
- Taking and recording vitals signs
- Measuring and recording height and weight
- Caring for the residents' environment
- Caring for residents when death is imminent
- Recognizing abnormal changes in body function and the importance of reporting such changes to a supervisor
- Bathing
- Grooming
- Dressing
- Toileting
- Assisting with eating and hydration
- Proper feeding techniques

- Skin care
- Transfers, positioning and turning
- Modifying aide's behavior in response to residents' behavior
- Identifying development tasks associated with aging process
- How to respond to residents behavior
- Allowing the residents to make personal choices
- Identifying psychiatric disorders
- Techniques for addressing the unique needs and behaviors of individuals with dementia
- Communicating with cognitively impaired residents
- Understanding the behavior of cognitively impaired residents
- Appropriate responses to behavior of cognitively impaired residents
- Methods of reducing the effects of cognitive impairments
- Training the residents in self care according to the residents abilities
- Use of assistive devices in transferring, ambulation, eating & dressing
- Maintaining range of motion
- Proper turning and positioning in bed and chair
- Bowel and Bladder training
- Care and use of prosthetic and orthotic devices
- Providing privacy and maintenance of confidentiality
- Promoting the residents' right to make personal choices to accommodate their needs
- Giving assistance in resolving grievances and disputes
- Providing needed assistance in getting to and participating in resident and family groups and other activities
- Maintaining care and security of residents' personal possessions
- Promoting the resident's right to be free from abuse, mistreatment and neglect, and the need to report any such instance to appropriate facility staff
- Avoiding the need for restraints in accordance with current professional standards

Daytime- Day to Day Schedule

Module	Credit Hours	Day
Module 1 Initial Classroom Training	Classroom 16 Hours Clinical / Lab 0 Hours	1,2
Module 2 Basic Nursing Skills	Classroom 6 Hours Clinical/Lab 17 Hours	2, 3, 4, 5
Module 3 Personal Care	Classroom 6 Hours Clinical /Lab 21 Hours	5,6,7,8
Module 4 Mental Health	Classroom 4 Hours Clinical /Lab 4 Hours	8,9
Module 5 Care of Cognitively Impaired	Classroom 6 Hours Clinical /Lab 9 Hours	9,10,11,
Module 6 Basic Restorative Services	Classroom 2 Hours Clinical/Lab 7 Hours	11,12
Module 7 Residents' Rights	Classroom 2 Hours Clinical/Lab 2 Hours	12

Evening Day to Day Schedule

Module	Credit Hours	Day
Module 1 Initial Classroom Training	Classroom 16 Hours Clinical / Lab 0 Hours	1,2,3,4
Module 2 Basic Nursing Skills	Classroom 6 Hours Clinical/Lab 17 Hours	4,5,6,7,8
Module 3 Personal Care	Classroom 6 Hours Clinical /Lab 21 Hours	9,10,11,12,13,14
Module 4 Mental Health	Classroom 4 Hours Clinical /Lab 4 Hours	14,15,16
Module 5 Care of Cognitively Impaired	Classroom 6 Hours Clinical /Lab 9 Hours	16,17,18,19
Module 6 Basic Restorative Services	Classroom 2 Hours Clinical/Lab 7 Hours	20,21
Module 7	Classroom 2 Hours	21,22
Residents' Rights	Clinical/ Lab 2 Hours	22

Please note: This schedule is not final. Teachers and administration may have to readjust the schedule due to the nursing home requirements during that time of the year.